

Summer 2023

P23 Retreat



Creating Space for Parents to Grieve

Praise Report

- We received grant funding from Four Ten Foundation again this year for a summer intern. Tanner Poe, a Kent State University Student, is serving in a public relations role.
- We're partnering with a Pediatric Palliative Care nurse in Pennsylvania to offer retreats at her family's Airbnb property. They provide referrals and the property and we provide the support services and resources.
- We've served 9 families since we started serving in September. Two more retreats are currently scheduled.
- We were gifted a podcast session with River City Podcast. It will release this summer.
- Oakdale in Ashland, VA has donated the venue for Ashlynn's Ball, our upcoming fundraiser.

Prayer Needs

- For the families experiencing loss grief and loss.
- Outreach efforts and for our services to be known in the community.
- Referrals for families who could benefit from our services.
- Upcoming fundraising events.
- Stillborn Loss Retreat in October.
- Monthly sponsors and other partners.



Did you know?

Newly bereaved individuals experience dysphoria, anxiety, depression, anger and physiological changes such as increased heart rate, blood pressure, increased cortisol levels, sleep disturbances and changes in the immune system. – New England Journal of Medicine

Upcoming Fundraising Events

Summer Fun Series (follow our social media posts for details)

- Panera at VCC - June 26 4pm-8pm
- Marty's - Rutland - Marty's Grill - July 26 -all day
- Ashland Skateland - August 6 - 5:30p - 7p
- Chicken Salad Chick - Mechanicsville - August 8
- Chipotle (tentative) - W. Broad - Sept 6 - 5pm-9pm

Ashlynn's Ball - August 17 - Formal dinner/dance



www.p23retreat.org



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